

Background

Established in 2019, in a cooperative agreement with the Administration for Community Living, Community Care Corps is a national program under the leadership of the Oasis Institute, Caregiver Action Network, USAging and Altarum, that awards funds to local organizations providing volunteer nonmedical assistance to family caregivers, older adults, and adults with disabilities. Grant funding has been awarded to four cohorts in total since 2019, three of which have completed their full grant period with finalized results.

Grantee Models and Support

Grantees implement a wide range of nonmedical assistance models supporting care recipients and family caregivers to maintain their independence in the community. The leadership team technical assistance activities supported model implementation, maintenance, sustainability, and data collection for program evaluation. Data was collected through surveys, administered by grantees to volunteers, family caregivers, and care recipients.

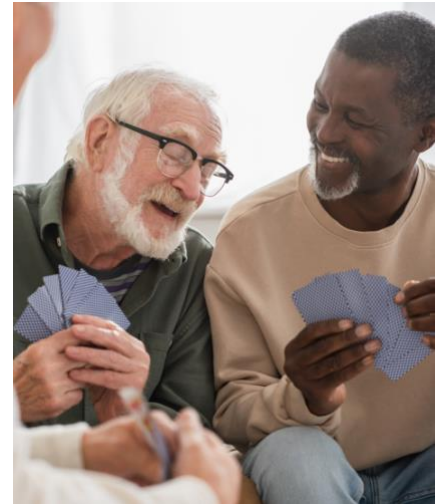
Evaluation and Data Collection

Initial and follow up surveys were administered to volunteers, caregivers, and care recipients to evaluate physical and mental health, quality of life, and difficulty in maintaining living situations. Outcome data from survey respondents are presented to demonstrate change over time and respondents who responded to initial and follow-up surveys were matched for comparison.

Summary of Findings

Care Recipients

- 82% reported volunteer assistance helped them maintain their current living situation
- 80% reported a decrease or no change in the difficulty of maintaining their current living situation
- 86% reported improvement or no change in their physical health
- 84% reported improvement or no change in their mental health
- 87% reported improvement or no change in their quality of life
- 85% reported a decrease or no change in how frequently they felt lonely
- 97% of care recipients would recommend their volunteer assistance to friends or family members
- 72% reported it would not be easy to replace the volunteer assistance they received
- 70% of one-time assistance recipients said volunteer assistance significantly alleviated a major life concern



Caregivers

- 80% reported a decrease or no change in difficulty maintaining the current living situation of their friend or loved one
- 86% reported improvement or no change in their physical health
- 84% reported either improvement or no change in their mental health
- 85% reported either no change or decreased frequency in feeling worried
- 86% reported a decrease or no change in how often they felt downhearted or blue
- 76% reported improvement or no change in their quality of life



- 79% reported a decrease or no change in how often they felt lonely
- 81% reported a decrease or no change in how often they felt overwhelmed, overworked, or overburdened
- 60% reported that replacing volunteer assistance would not be easy

Volunteers

- Over 90% of volunteers reported that volunteering made them feel good, supported connections with others, promoted learning and growth, and benefited their social lives
- Most volunteers said the assistance they provided was valuable and purposeful



Impact

Key findings from collected data demonstrate that Community Care Corps, its grantees and their volunteer nonmedical assistance models have positively impacted the quality of life for care recipients, family caregivers, and volunteers. The data evaluation found that most care recipients and family caregivers reported consistent or better outcomes after receiving assistance from Community Care Corps volunteers. Evaluation results were remarkably consistent across cohorts, even though the types of assistance provided varied across grantees. Based on the evaluation, it is clear that volunteer assistance, regardless of the type and duration, can significantly improve the lives of older adults and people with disabilities. These findings could have significant implications for the future of care.

Output Measure	Total
Number of Grantees	109
Funds Awarded	\$12,033,334
Total Older Adults	24,703
Total Adults with Disabilities	3,208
Total Caregivers	8,849
Total Volunteers	11,041
Total Occurrences	128,870
Total Hours	224,005
Value of Volunteer Hours	\$7,501,927

As of December 31, 2024

